

THE LOPHAMS' NEWS

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St Andrew's School

The children, staff, parents and governors are currently enjoying their summer break.

After ten weeks of rehearsals for just two hours a week on a Friday evening after school, pupils from St. Andrew's and All Saints joined together to put on an amazing production of Shrek! It was a phenomenal musical theatre performance with drama, dance and singing. Teamwork was clearly evident throughout all children aged six to eleven.

Following Shrek was the leavers prom organised by the School Council. Children came dressed for the occasion and enjoyed a range of music and refreshments.

The term finished with a wonderful leavers assembly led by Miss Mitchell. She gave a thought provoking address to those moving on and presented them with mugs purchased by FOSTA and bibles from the school.

St. Andrew's Primary now looks forward to the new term and academic year ahead starting Thursday 5th September. The school will see an increase in numbers as new pupils begin and the establishment of its music room for small group instrumentalist teaching. The first community lunch of the year is Wednesday 18th September at noon. If you can join us, please contact the school office on 01379 687253 and book a meal for £3 a head.

Lophams' Ladies

Meeting on the first Tuesday of the month; 7.15pm for 7.30pm in the Village Hall.

At our August meeting our own Jennie Vere talked to us about the **Lopham Linen Industry**. We were able to see examples of the earlier more coarse fabric to the intricate patterned linen produced later in the 19th century when Thomas Buckenham held a Royal Warrant to supply linen to Queen Victoria.

On September 3rd we have an Open Evening when the talk will be on "**The Mid Norfolk Railway**". Looking ahead into the early autumn, on October 1st we have a talk on Bhutan entitled "**Thunder Dragon**" given by Chris Parfitt.

We always welcome visitors and new members - please phone 01379 687337 for further details.

St Andrew's Pre School

The summer BBQ, 'Grill and Games' at The Kings Head PH on 21st July was a great success, with lots of people, lots of food and lots of fun. Many thanks to Angie and George for hosting this event for us. We are all enjoying the holiday break, but look forward to the new term in September.

There are still a few free spaces for September and do remember we take children from age 2 (in nappies) up to school age. We will open Mondays to Thursdays 8.45 - 11.45 and continue until 15.15 on Thursday each week. Call in for a visit and chat with our friendly staff or call Tonya direct on 07962 219523 or email attwood145@btinternet.com.

Garden Club

Our trip to the Cambridge Botanic Gardens took place on 10th August. The weather was kind to us and we all enjoyed a day walking around the gardens, admiring the many trees and plants and gaining inspiration for our own gardens.

Our next meeting is on 4th September when our speaker will be Andy Bailey from Blooms of Bressingham Garden Centre and looking further forward, on 2nd October we look forward to welcoming Martyn Davey.

We hold our meetings on the first Wednesday of each month at 7.30pm in the restaurant area of Blooms of Bressingham Garden Centre. Visitors and new members are always very welcome.

Lophams' Village Hall

The Lottery, our chance to raise money for hall developments, has several new members this summer, so the prizes are growing too, as is the fund for the next Bonanza draw. If you aren't yet "in", do consider having a go. It's a fun way to support the hall, with three chances each month of winning a prize. The winners for July were: 1st Prize of £190.00 to L Quinn and 2nd prizes of £47.50 each to S Fleming and J Leeder. Anyone who needs to renew, or who wishes to join is invited to make contact: copies of the full rules and entry forms are available from promoter, Eileen (01379 687608), from Village Hall Treasurer, Tim Colyer (01379 687718), from other Village Hall Committee members (see website for details), or at the Farmers' Market and at Village Hall Events.

Farmers' Markets are on the fourth Saturday each month, from 9am till 12.30pm. The September Market is on 22nd. For details, call Mike on 01379 687235.

Judo is on Mondays & Wednesdays - Details from Howard on 01379 688258.

Dog Training is held most Tuesday evenings, our trainer Elaine (07845 776110) will provide information.

Lopham Art Group: meets on Wednesday mornings from 9.30am. The cost is £20 each per month, and includes refreshments and a visit from an 'expert' once each month. Contact Jennifer on 01379 687282 for more details.

Yoga with P: is a popular addition to the weekly programme. Sessions are on Thursdays in the early evening. Booking is essential, tel 01379 890955 or 07932 010720 or email pieternella.jarvie@gmail.com.

To book the hall for private functions, please contact 01379 687679. To find out more about the hall generally, visit the website at www.lophamsvillagehall.co.uk.

FOSTA

Don't forget the annual yard sale on 15th September. There will be refreshments for sale at Bumble Cottage with proceeds to the pre-school. FOSTA asks that 10% of any profit is donated.

North Lopham Parish Council

Will meet on 11th September, 7.30pm in the Mess.

A Rights of Way tribunal will take place at the village hall on 3rd & 4th September, plus a route walk on 5th if required. Dog Owners are reminded that dog fouling is worse again - the signage is being renewed with threat of possible prosecution. As autumn approaches, please would residents with land beside the footpaths make sure their frontage is clear of debris and the footpaths safe for walkers.

Lophams' Bingo

We would love to see young people coming to join the fun during the holiday; do come along at 2pm on Monday 2nd September. New adult faces are always welcome too!

Suffolk Wildlife Trust Talks for the Valley Fens Group

Everyone is welcome to these talks, which take place at the Redgrave and Lopham Fen Education Centre, £2 including refreshments. Further info 01379 608313.

Tuesday 24th September 7.30pm - a talk by Robert Maidstone - **Cankers, Tumours and Protuberances**

Tuesday 29th October 7.30pm - a talk on "**Raptor Conservation**"

Tuesday 26th November 7.30pm - a talk by Nick Gibbons "**The Cameroun**"

Frendz Youth Group

For young people aged 13+ who have autism / aspergers. Meeting once every two weeks on Fridays 7 - 9pm for socialising/fun/games etc. Each session costs £3. Situated in Burston near Diss. For further information please contact Sharon (Group Leader) on (01379) 642255 who will be happy to help.

Lophams Churches - Team Churches' Walk - Weds 7th August

A core group of walkers managed the whole walk, starting at South Lopham Church, then going via footpaths to North Lopham, Fersfield and Bressingham, where a delicious ploughman's lunch was provided. The last two stages used country roads, to Roydon and Diss. At each church there was a very short act of worship, a talk about its special features and a blessing by Bishop Alan. It was good to see extra people at each venue, travelling by car, or bicycle. Grateful thanks to all those who helped in any way, especially to John Pares for the planning.

St Nicholas' Church

The **Hymn Marathon** on Saturday 3rd August, between 8.30am and around 5.15pm was an amazing day, with many people popping in during the morning and quite a crowd joining in throughout the afternoon. The earlier start time meant that the 600th hymn was reached soon after 5pm so, by 5.15pm, 606 hymns had been played; a new record. Many, many thanks go to all those who helped on the day, especially when the flies invaded the building, and to everybody who sponsored the event. There is still a little sponsor money to collect so the final total is uncertain at the moment.

The **Teddy Bear's Picnic** on 10th August had to be postponed at the very last minute, but it WILL take place in the next few weeks. Details will be circulated.

The **Sponsored Bike Ride** is on 14th September this year. Information and sponsor forms are on the table at the back of the church. All cyclists are invited to take the opportunity of a great day out with a chance to look inside some beautiful buildings, especially those that are normally locked.

We are holding a **MacMillan Coffee Morning** Friday 27th September 10am – 12pm. All are very welcome.

22nd September is **Harvest** at South Lopham, so all our 11am people are invited to go to the morning service at St Andrew's Church.

29th September is a fifth Sunday, so there will be just one morning service - Harvest Communion at 10.30 in Diss Church.

The **Thanksgiving** at North Lopham will be the second Sunday in October.

St Andrew's Church

St. Andrew's Craft Fair. Jill Brundell would like to say a big "Thank You" to all her helpers and to everyone who came and supported our Craft Fair on 20th and 21st July. A total of £670 was raised.

Harvest Services. Harvest Services for St. Andrew's Church will be on Sunday 22nd September at 11.00am and 6.00pm, the Church will be decorated on Saturday 21st September in the morning, we would be pleased to see anyone able to help or give produce.

Team Churches Walk. About 25 people started a very successful Parish walk from St. Andrew's Church on Wednesday 7th August with Bishop Alan Winton (Bishop of Thetford), accompanied by The Revd. Canon Tony Billet and The Revd. John Pares walking to all six parishes, finishing at Diss, an excellent turn out, a good day enjoyed by all.

Cycle Ride. The Norfolk Churches Trust Annual Sponsored Cycle Ride is on Saturday 14th September, sponsor forms and information are available from Monica on 01379 687273.

A Drive around our churches, on Thursday 5th September. This is an excellent opportunity to get to know all our churches, especially if you were unable to take part in the Bishop's walk. Please let Maggie (643783) know: - if you will be driving - if you want a lift - if you want lunch. Lunch will be at the White Horse at South Lopham, and cost £5.00 but it must be booked in advance. Please book by 2nd September.

We would like to express our most **sincere thanks** to both Nigel and Gill Mutimer who are leaving our village, Gill for her help cleaning the Church for many years and Nigel for delivering Cock Crow.

Events at Redgrave and Lopham Fen

Saturday 7 September 10.30am – 1pm. **Guided Fen Walk.** Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill. £3 Meet at the Education Centre, no booking required.

Saturday 14 September 10.30am – 12.30pm. **Wildlife Watch Group.** A club for 6 – 12yr olds, £1. Contact Mike Wraight 01379 644508.

Saturday 21 September, 10am – 4pm. **Weave a Willow Tension Tray.** Make a useful and beautiful Catalonian tension tray or two with Jane Jennifer, local professional basketmaker, using English willow. £35, plus £5 for materials on the day. Booking essential 01473 890089.

Saturday 28 September, 10am – 3pm. **Botanical Illustration.** Come along to this relaxing and supportive workshop looking at a range of illustration techniques with Christine Grey – Wilson. £25, £21.50 concessions. Booking essential 01473 890089.

Saturday 5 October 10.30am – 1pm. **Guided Fen Walk.** Enjoy the sights and sounds of the Fen with enthusiast and naturalist John Hill. £3 Meet at the Education Centre, no booking required.

Saturday 12 October 10.30am – 12.30pm. **Wildlife Watch Group.** A club for 6 – 12yr olds, £1. Contact Mike Wraight 01379 644508.

Sunday 13 October, 10.30am – 3pm. **Apple Day and Autumn Fair.** Fruit identification, plants and tools for sale, cookery and craft demonstrations, recipe swap, family games and trail, plus refreshments. £3 adults, £2 children.

Tuesday 29 October, 10am – 12noon. **Awesome Autumn Family Morning.** £2.50 per person, please book 01379 688333.

Wednesday 30 October, 3pm and 7.30pm. **The Midsummer Hare – A Musical Fable.** A performance for narrator and orchestra, based on creatures of the fen, by Sue Heaser, with music by Peter Cresswell. For ages 6 years and over, £5 per person, please book - 01379 688333.

Little Ouse Headwaters Project (LOHP)

Heritage Walk. Sunday 22 September 10.30am – 3.30pm. Looking at different types of grazing along the Little Ouse Valley and on Suffolk Wildlife Trust's Redgrave & Lopham Fen. Bring a packed lunch, wear suitable footwear and clothing. Free. Booking essential with Bev 07747 691285 or enquiries@lohp.org.uk. Further information on the website: www.lohp.org.uk.

Little Ouse Headwaters Project (LOHP) Creative Group - Exhibitions

Saturday 19 – Sunday 20 October 11am – 4pm at Lophams' Village Hall.
Sat 26 – Sun 27 October 11am – 4pm at Thelnetham Village Hall & Bio' Norton Village Hall.

Free entry, all welcome, so come along and enjoy!

Featuring art, words, music and textiles created by members of the LOHP Creative Group (coordinated by the Sainsbury Centre for Visual Arts). Paintings, sculptures, textiles, photography, illustration and writing inspired by the valley, the source of the river and the tiny details that make it a unique place, will be on show with some for sale.

Further information on the website: www.lohp.org.uk or email enquiries@lohp.org.uk.

North Lopham Methodist Church

The informal Wednesday service, followed by Coffee and Sale is becoming established at 10.30am on the fourth Wednesday each month. Everyone is warmly invited to come along to this wonderful building at 10.30am on 28th August, then 25th September.

Services for September

North Lopham	South Lopham
	1st September
9.30am HC	-
11am Fam S	-
	8th September
11am Fam S	-
6pm ES	-
	15th September
11am Fam S	9.30am HC
	22nd September
Harvest at SL	11am Harvest MS 4pm Harvest ES

Contributions for next issue by;

18th SEPTEMBER

Please email to
lophamsnews@gmail.com